

**NORTH EAST REGIONAL HEALTH  
AUTHORITY**

**Directory of Internal  
Services**

**Services offered in public health facilities**



**Purple Passion Flower**

## Service Index

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**\*LIFESTYLES**

**HEALTHY: \*ENVIRONMENT**

**\* PEOPLE**

**Be a part of the VISION..... Live  
the VISION!**

**NORTH EAST REGIONAL HEALTH  
AUTHORITY**

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Ocho Rios, St. Ann

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**LIST OF HOSPITALS AND TELEPHONE  
NUMBERS**

**Foreword**

<u>FACILITY</u>	<u>TEL. NO.</u>
<b>St. Ann's Bay Regional Hospital</b>	<b>1-876-972-0150-2</b>
<b>Annotto Bay General Hospital</b>	<b>1-876-996-2222-3</b>
<b>Port Maria Hospital</b>	<b>1-876-994-2271/ 2228</b>
<b>Port Antonio Hospital</b>	<b>1-876-993-2646-8; 619-1223</b>

The North East Regional Health Authority is the statutory body responsible for the delivery of health care to the residents of the parishes of St Ann, St Mary and Portland.

The delivery of preventative and curative care is accomplished via a network of health centres and hospitals. The Parish Health Departments form a base from which various community services are delivered.

According to the World Health Organization, Health promotion is the process of enabling people to increase control over, and to improve their health. The strategy of Health education & promotion therefore facilitates the effective/efficient delivery of health care services at all levels of the health care continuum within the region.

## How to use this Directory

The directory is organized into categories of the different types of services offered. For example the category of Maternal Health contains antenatal and postnatal services. The Specialist services category captures medical and surgical specialties including clinics offered by these services such as General Surgery, General Internal Medicine, Orthopaedics, Nephrology and others.

Each category contains the various clinics etc. listed by parish and health facility. The schedule (dates and times) of each clinic is also listed here.

If a service within a category needs to be found the list of services on Page 6 should be consulted.

It should be noted that a clinic is not the same as a health centre. A clinic is a service delivered. A health centre is a building/physical structure that accommodates the delivery of this service. Some health centres offer a combination of Antenatal, Postnatal, Child Health and Family Planning services once per month or quarter– these are described as Combined clinics.

## LIST OF HEALTH DEPARTMENTS AND TYPE 3 HEALTH CENTRES AND TELEPHONE NUMBERS

### ST. ANN

ST. ANN H/DEPARTMENT-	1-876-972-2215/3227
ST. ANN'S BAY H/CENTRE	1-876-972-2190
CLAREMONT H/CENTRE	1876-972-3231
ALEXANDRIA COMM. HOSP.	1-876-975-10073
BROWN'S TOWN H/CENTRE	1-876-975-2338
OCHO RIOS H/CENTRE-	1-876-974-2691

### ST. MARY

ST. MARY HEALTH ADMINISTRATION-	1-876-994-9979/ 2358
PORT MARIA H/CENTRE-	1-876-994-2330
ANNOTTO BAY H/CENTRE	1-876-996-2034
HIGHGATE H/CENTRE	1-876-992-2282
GAYLE H/CENTRE	1-876-975-8054

### PORTLAND

PORTLAND H/DEPARTMENT-	1-876-993-2557
PORT ANTONIO H/CENTRE	1-876-993-2557
BUFF BAY COMM. HOSP.	1-876-996-1478
MANCHIONEAL H/CENTRE	1-876-993-6323

## Social Services (Social Worker)

### St. Ann

- **St. Ann's Bay Hospital**  
Mondays
- **St. Ann's Bay Health Centre**  
Mondays, Tuesdays & Fridays

### St. Mary

- **HIV Treatment Site** (Port Maria Health Com-plex)  
Wednesdays & Thursdays
- Services available at both the Annotto Bay and Port Maria Hospitals

### Portland

- **Port Antonio Hospital**  
Monday—Friday
- **Buff Bay Community Hospital**  
2nd & 4th Monday
- **HIV Programme**  
Monday — Friday

## The Linkages System

Effective functioning of a nation's health services requires extensive coordination and communication between all levels of health services and the community they serve. In any healthcare delivery system an appropriate structure is essential to promote comprehensive scope, continuity, integration of components and operational efficiency.

A well planned referral/linkages care mechanism could contribute to overcome some of the short comings and to minimize the prevailing deficiencies which ultimately leads to provide health care services to the people on an equitable basis. A functioning referral/linkages system is generally considered to be a necessary element of successful health care delivery programmes.

The process is designed to support a standardized referral/linkages system for the movement of clients/patients between different core disciplines within the levels, of the health care delivery system and the community. The criteria for referral/linkage must be purely health related, and objective, in the interest of the client/patient. **A well established referral/linkages** network is critical in order to meet the needs of these clients/patients and maintaining or re-establishing contact with these clients/patients/ and their families who may need extended periods of care.

## List of Services

1. Child Health & Immunization
  - Paediatric
2. Chronic Disease Care (DM & HTN)
3. Mental Health
4. Curative
5. Dental Health
  - Adult • Child
6. Family Planning
7. Maternal Health
  - Antenatal ( H/Risk)
  - Antenatal (Routine) Postnatal
8. Specialty Clinics
  - Nutrition (Adult)
  - Nutrition (Child)
9. Other Specialty
  - Asthma
  - Cardiology
  - Colposcopy
  - Catheter
  - Dermatology
  - General Surgery
  - Gynaecology
  - HIV Treatment
  - Internal Medicine
  - Nephrology
  - Orthopaedic
10. Diagnostic (Imaging)-ultrasound, etc.
11. Physiotherapy
12. Reproductive Health • Pap Smear
13. Sexually Transmitted Infection (STI) Clinics
14. Laboratory
15. Pharmacy
16. Environmental Health
  - Food Handler's Clinic
17. Social Services

## Environmental Health (Food Handler's Clinic)

### St. Ann

- **Alexandria Community Hospital** 3rd Wednesdays
- **Bohemia Health Centre** None
- **Clarksonville Health Centre** None
- **Bamboo Health Centre** None
- **Brown's Town Health Centre** 2nd & 4th Tuesdays
- **Claremont Health Centre** 3rd Mondays
- **Moneague Health Centre** 3rd Wednesdays
- **Ocho Rios Health Centre** 1st & 3rd Mondays
- **St. Ann's Bay Health Centre** 2nd & 4th Mondays

## Environmental Health (Food Handler's Clinic)

St. Mary

- **Annotto Bay Health Centre**  
3rd Thursdays
- **Gayle Health Centre**  
3rd Wednesdays
- **Retreat Health Centre**  
4th Thursdays
- **Highgate Health Centre**  
1st Thursdays
- **Oracabessa Health Centre**  
2nd Mondays
- **Port Maria Health Centre**  
4th Thursdays

Portland

- **Port Antonio Health Centre**  
1st, 2nd & 3rd Thursdays
- **Hope Bay**  
1st & 3rd Thursdays
- **Buff Bay**  
1st & 3rd Wednesdays
- **Fair Prospect**  
1st Tuesdays

## Child Health

Portland

- **Buff Bay Community Hospital**  
1st - 4th Tuesdays
- **Bangor Ridge Health Centre**  
4th Thursdays
- **Cascade Health Centre**  
4th Wednesdays Bi-monthly
- **Chepstowe Health Centre**  
3rd Mondays
- **Fruitful Vale Health Centre**  
1st & 3rd Mondays
- **Hope Bay Health Centre**  
1st -3rd Mondays
- **Fair Prospect Health Centre**  
2nd & 4th Mondays
- **Manchioneal Health Centre**  
2nd & 4th Thursdays
- **Fellowship Health Centre**  
1st Tuesdays, 1st -3rd Wednesdays
- **Mt. Pleasant Health Centre**  
1st & 3rd Thursdays
- **Port Antonio Health Centre**  
Tuesdays
- **St. Margaret's Bay Health Centre**  
2nd Wednesdays

## Child Health

### St. Mary

- **Annotto Bay Health Centre**  
1st to 4th Wednesday (monthly)
- **Castleton Health Centre**  
2nd & 4th Mondays
- **Enfield Health Centre**  
3rd Thursdays
- **Long Road Health Centre** 1st Thursdays
- **Robins Bay Health Centre**  
4th Mondays
- **Rock River Health Centre**  
2nd & 4th Thursdays
- **Fellowship Hall Health Centre**  
1st & 3rd Thursdays
- **Gayle Health Centre**  
1st, 2nd & 4th Thursdays
- **Hunts Town Health Centre**  
2nd Tuesdays
- **Jeffrey Town Health Centre**  
2nd Mondays
- **Retreat Health Centre**  
1st, 2nd & 4th Mondays
- **Wood Park Health Centre**  
4th Wednesdays
- **Belfield Health Centre** 4th Mondays
- **Brainerd Health Centre** (Temporary relocation to Highgate) 3rd Thursdays
- **Clarke Castle Health Centre**  
3rd Tuesdays

## Pharmacy services

### St. Ann

- **Alexandria Community Hospital**  
Mondays, Wednesdays & Fridays
- **Bamboo Health Centre** Wednesdays
- **Brown's Town Health Centre**  
Tuesdays & Fridays
- **Ocho Rios Health Centre**  
Mondays & Thursdays
- **St. Ann's Bay Health Centre**  
Tuesdays & Thursdays
- **St. Ann' Bay Regional Hospital**  
Mondays - Fridays



## Pharmacy services

### Portland

- **Port Antonio Hospital**  
Mondays - Fridays

### St. Mary

- **Annotto Bay Hospital**  
Mondays - Fridays
- **Retreat Health Centre**  
1st & 3rd Thursdays
- **Port Maria Hospital** Daily
- **Oracabessa Health centre**  
1st, 2nd & 3rd Fridays
- **Gayle**  
Mondays & Wednesdays  
2nd Thursdays (Psychiatric clinic)
- **Highgate**  
Mondays -Fridays

## Child Health

### St. Mary Contd.

- **Clonmel Health Centre**  
1st to 4th Wednesdays
- **Flint River Health Centre**  
1st Wednesdays
- **Highgate Health Centre**  
1st to 4th Mondays
- **Windsor Castle Health Centre** 1st to 4th Mondays
- **Albany Health Centre**  
2nd Mondays
- **Albion Mountain Health Centre** 3rd Mondays
- **Bonny Gate Health Centre**  
2nd Mondays
- **Hampstead Health Centre**  
1st Mondays
- **Heywood Hall Health Centre**  
3rd Wednesdays
- **Islington Health Centre**  
1st to 4th Wednesdays
- **Mason Hall Health Centre**  
3rd Thursdays
- **Oracabessa Health Centre**  
1st to 4th Thursdays
- **Oxford Health Centre**  
2nd & 3rd Mondays
- **Port Maria Health Centre**  
1st to 4th Tuesdays

## Child Health

### St. Ann

- **Alexandria Community Hospital** 1st & 3rd Thursdays
- **Bohemia Health Centre**  
3rd Mondays & 1st Wednesdays
- **Borobridge Health Centre**  
1st & 3rd Thursdays
- **Clarksonville Health Centre**  
1st to 4th Thursdays
- **Queenhyte Health Centre**  
3rd Thursdays, combined clinic
- **Bamboo Health Centre**  
1st, 2nd & 4th Thursdays
- **Brown's Town Health Centre**  
1st - 3rd Wednesdays and 1st Mondays  
3rd Friday (Delinquent Clinic)
- **Blackstonedged Health Centre**  
4th Thursday combined clinic
- **Watt Town Health Centre**  
1st & 3rd Mondays
- **Bensonton/Dromilly Health Centre**  
3rd Mondays, combined clinic
- **Claremont Health Centre**  
1st, 2nd, & 4th Tuesdays
- **Moneague Health Centre**  
1st, 2nd & 3rd Thursdays
- **Exchange Health Centre**  
1st - 4th Mondays
- **Ocho Rios Health Centre**  
1st - 4th Wednesdays

## Laboratory Pharmacy service

### St. Ann

- **Bamboo Health Centre** 3rd Mondays
- **Brown's Town Health Centre**  
4th Tuesdays
- **Muirhouse/Bauxton Health Centre** 1st Mondays
- **Watt Town Health Centre**  
1st Wednesdays
- **Claremont Health Centre** 3rd Thursdays
- **Moneague Health Centre** 1st Mondays & 4th Tuesdays
- **Ocho Rios Health Centre**  
Mondays - Fridays
- **Lime Hall Health Centre**  
3rd Tuesdays
- **St. Ann's Bay Health Centre**  
Mondays - Fridays
- **St. Ann's Bay Regional Hospital**  
Mondays - Fridays
- **Steer Town Health Centre**  
3rd Tuesday

## Laboratory Services

### Portland

- **Port Antonio Hospital**  
Mondays - Fridays

### St. Mary

- **Annotto Bay Health Centre**  
Daily
- **Annotto Bay Hospital**  
Mondays - Fridays
- **Port Maria Hospital** Daily

### St. Ann

- **Alexandria Community Hospital** Mondays - Fridays
- **Bohemia Health Centre** 3rd Wednesdays
- **Borobridge Health Centre**  
3rd Wednesdays
- **Clarksonville Health Centre**  
2nd Tuesdays
- **Stephney Health Centre** 1st Wednesdays

## Child Health

### St. Ann Contd.

- **Runaway Bay Health Centre** Tuesdays
- **St. Ann's Bay Health Centre**  
1st Mondays & 1 - 4th Wednesdays  
Extended Clinic on Saturdays
- **Steer Town Health Centre**  
1st - 4th Wednesdays
- **Beecher Town Health Centre**  
1st Mondays, combined clinic
- **Lime Hall Health Centre**  
2nd & 4th Wednesdays
- **Stephney Health Centre**  
2nd & 4th Mondays
- **Gibraltar Health Centre**  
2nd Wednesdays, combined clinic
- **Muir House Bauxton Health Centre**  
1st Tuesdays, combined clinic
- **Sturge Town Health Centre**  
2nd Fridays, combined clinic
- **McNie Health Centre**  
1st & 3rd Wednesdays

## Chronic Disease Care (DM & HTN)

### Portland

- **Buff Bay Community Hospital**  
DM - 1st, 2nd & 4th Wednesdays (8:30 am-5:00 pm)  
HTN - 2nd Wednesdays & 4th Thursdays (8:30 am-5:00 pm)
- **Hope Bay Health Centre**  
DM - 1st Mondays (8:30 am - 5:00 pm)
- **Port Antonio Health Centre**  
DM - 1st & 3rd Thursdays  
HTN - 1st & 3rd Tuesdays

### St. Mary

- **Annotto Bay Health Centre**  
1st to 4th Thursdays
- **Castleton Health Centre** 4th Wednesdays
- **Enfield Health Centre**  
1st Wednesdays
- **Long Road Health Centre** 5th Wednesdays
- **Rock River Health Centre** 3rd Wednesdays
- **Fellowship Hall Health Centre**  
4th Wednesdays
- **Gayle Health Centre**  
Wednesdays

## STI Clinic

### St. Mary Cont'd

- **Belfield Health Centre**  
2nd & 4th Thursdays
- **Highgate Health Centre** Daily
- **Windsor Castle Health Centre**  
1st Thursdays & 4th Tuesdays
- **Islington Health Centre**  
2nd & 4th Wednesdays
- **Oracabessa Health Centre**  
1st, 2nd & 3rd Fridays
- **Oxford Health Centre**  
4th Wednesdays
- **Port Maria Health Centre** Mondays - Friday

### St. Ann

- **Alexandria Community Hospital**  
Monday, Wednesday & Friday
- **Brown's Town Health Centre**  
Tuesday & Friday (Except 2nd Friday & 4th Tuesday)
- **Moneague Health Centre** Each Thursday
- **Ocho Rios Health Centre**  
Tuesdays & Fridays
- **St. Ann's Bay Health Centre**  
Tuesdays, Thursdays & Fridays

## STI Clinic

### Portland

- **Port Antonio Health Centre** Daily
- **Buff Bay Community Hospital**  
Tuesdays & Thursdays

### St. Mary

- **Annotto Bay Hospital** Daily
- **Castleton Health Centre** 4th Wednesdays
- **Enfield Health Centre**  
1st Wednesdays
- **Long Road Health centre**  
5th Wednesdays
- **Rock River Health Centre**  
3rd Wednesdays
- **Fellowship Health Centre**  
4th Wednesdays
- **Gayle Health Centre** Daily
- **Retreat Health Centre**  
1st & 3rd Thursdays
- **Wood Park Health Centre**  
2nd Thursdays

## Chronic Disease Care (DM & HTN)

### St. Mary Contd.

- **Retreat Health Centre**  
1st & 3rd Thursdays & 4th Wednesdays
- **Wood Park Health Centre**  
2nd Thursdays
- **Belfield Health Centre**  
2nd & 4th Thursdays
- **Highgate Health Centre**  
Daily
- **Windsor Castle Health Centre**  
1st Thursdays & 3rd Tuesdays
- **Islington Health Centre**  
2nd & 4th Wednesdays
- **Oracabessa Health Centre**  
1st , 2nd & 3rd Fridays
- **Oxford Health Centre**  
4th Wednesdays
- **Port Maria Health Centre**  
1st & 3rd Wednesdays

## Chronic Disease Care (DM & HTN)

### St. Ann

- **Alexandria Community Hospital**  
3rd Tuesdays & 4th Wednesdays ,2nd Thurs
- **Brown's Town Health Centre**  
1st,3rd,4th Tuesdays
- **Claremont Health Centre** Monday—Friday
- **Ocho Rios Health Centre**  
Monday & Thursday
- **St. Ann's Bay Health Centre**  
Tuesdays & Thursday
- **St. Ann's Bay Regional Hospital**  
2nd Fridays

## Reproductive Health (Pap Smear Services)

### St. Ann

- **Borobridge Health Centre**  
2nd Mondays & 2nd Fridays
- **Stephney Health Centre** 2nd  
Fridays & 4th Tuesdays
- **Muir House Bauxton Health Centre** 1st Tuesdays
- **Exchange Health Centre**  
1st Tuesdays
- **Ocho Rios Health Centre** 3rd Thursdays
- **Lime Hall Health Centre** Fridays
- **Runaway Bay Health Centre** 1st Thursdays
- **St. Ann's Bay Health Centre**  
Fridays
- **Steer Town Health Centre** Fridays
- **St. Ann's Bay Regional Hospital**  
Mondays & Thursdays

## Reproductive Health (Pap Smear Services)

### Portland

- **Port Antonio Health Centre**  
3rd Thursdays & 5th days of the month
- **Fellowship Health Centre** 2nd Tuesdays
- **Moore Town Health Centre** 2nd Mondays
- **St. Margaret's Bay Health Centre**  
2nd Wednesdays
- **Mt. Pleasant Health Centre**  
2nd Wednesdays & 3rd Thursdays
- **Manchioneal Health Centre** 3rd Thursdays
- **Fair Prospect Health Centre** 2nd Tuesday
- **Fairy Hill health Centre**  
3rd Mondays
- **Buff Bay Community Hospital**  
Fridays & 5th days of the month
- **Hope Health Centre**  
4th Mondays
- **Fruitful Vale Health Centre**  
3rd Mondays

## Mental Health Services

### Portland

#### Mental Health Clinic (Adult)

- **Port Antonio Hospital**  
Mondays
- **Buff Bay Community Hospital**  
2nd & 4th Tuesdays
- **Mount Pleasant Health Centre** 1st Tuesdays
- **Fair Prospect Health Centre**  
1st Wednesdays
- **Manchioneal Health Centre** 1st Thursdays
- **Port Antonio Health Centre**  
2nd & 4th Thursdays
- **Fruitful Vale Health Centre** 3rd Thursdays
- **Infirmery** 3rd  
Thursdays

## Mental Health Services

### St. Mary

#### Mental Health Clinic (Adult)

- **Port Maria Health Centre**  
1st, 2nd, 3rd & 4th Tuesdays
- **Gayle Health Centre**  
2nd Thursdays
- **Retreat Health Centre**  
4th Fridays
- **Highgate Health Centre**  
1st & 4th Thursdays
- **Windsor Castle/Carron Hall Health Centre**  
2nd Mondays
- **Islington Health Centre**  
4th Wednesdays
- **Oracabessa Health Centre**  
3rd Mondays
- **Annotto Bay Hospital**  
Wednesdays
- **Infirmery**  
2nd Mondays

## Reproductive Health (Pap Smear Services)

### St. Mary Cont'd

- **Islington Health Centre**  
2nd Thursdays & 4th Wednesdays
- **Oracabessa health Centre**  
Wednesdays
- **Oxford Health Centre**  
3rd Fridays
- **Port Maria Health Centre**  
1st - 4th Thursdays



## Reproductive Health (Pap Smear Services)

St. Mary

- **Annotto Bay Health Centre**  
Fridays
- **Castleton Health Centre**  
3rd Mondays
- **Enfield Health Centre**  
2nd Mondays
- **Robins Bay Health Centre**  
3rd Thursdays
- **Rock River Health Centre**  
3rd Thursdays
- **Gayle Health Centre**  
Fridays
- **Hunts Town Health Centre**  
2nd Tuesdays
- **Jeffrey Town Health Centre**  
2nd Fridays
- **Retreat Health Centre**  
3rd Fridays
- **Wood Park Health Centre**  
3rd Tuesdays
- **Clonmel Health Centre**  
2nd Thursdays
- **Highgate Health Centre**  
2nd Thursdays
- **Windsor Castle Health Centre**  
2nd Thursdays

## Mental Health Services

St. Ann

### Mental Health Clinic (Adult)

- **Alexandria Community Hospital**  
2nd ,3rd & 4th Wednesday
- **Clarksonville Health Centre**  
  
3rd Thursdays
- **Stephney Health Centre**  
1st Thursdays
- **Bamboo Health Centre**  
  
2nd Wednesdays
- **Brown's Town Health Centre**  
1st & 4th Thursdays
- **Watt Town Health Centre**  
2nd Tuesdays
- **Claremont Health Centre**  
2nd Wednesdays
- **Moneague Health Centre**  
  
4th Fridays
- **Ocho Rios Health Centre**  
  
1st ,2nd & 4th Thursdays

## Mental Health Services

### St. Ann Cont'd

#### Mental Health Clinic (Adult)

- **St. Ann's Bay Health Centre**  
1st, 2nd, 3rd, & 4th Tuesdays  
& Mondays & Thursdays
- **St. Ann's Bay Regional Hospital**  
Mondays-Fridays
- **Infirmery**  
2nd & 4th Tuesdays
- **Mood Disorder Clinic (St. Ann's Bay Hospital)**  
Wednesdays  
Thursdays @ 2pm

## Physiotherapy

### St. Ann

- **St. Ann' Bay Regional Hospital**  
Mondays - Fridays (By appointment)

## Diagnostic Services

### ECG

Portland

- **Port Antonio Hospital**

Daily

St. Mary

- **Annotto Bay Hospital**

Mondays—Fridays

- **Port Maria Hospital**

Tuesdays & Wednesdays

St. Ann

- **Alexandria Community Hospital**

Daily

- **St. Ann's Bay Regional Hospital**

Daily (By appointment)

## Mental Health Services

### Child & Adolescent)

Portland

- **Port Antonio Hospital**

Monday– Friday

- **Buff Bay Community Hospital**

2nd & 4th Monday

St. Mary

- **Annotto Bay Hospital**

Mondays & Tuesdays

- **Port Maria Health Centre**

Wednesdays

St. Ann

- **St. Ann's Bay Health Centre**

Mondays & Thursdays

- **Alexandria**

2nd, 3rd & 4th Wednesday

### SAD Clinic

- **St. Ann's Bay Regional Hospital**

Thursdays (2pm)

### Anxiety Clinic

- **St. Ann's Bay Regional Hospital**

Wednesdays

## Curative Clinics

### Portland

- **Buff Bay Community Hospital**  
Mondays-Fridays 8:30-5:00
- **Fruitful Vale Health Centre**  
2nd & 4th Thursdays 8:30-5:00
- **Hope Bay Health Centre**  
2nd & 4th Mon 8:30-5:00
- **Fair Prospect Health Centre**  
Wednesdays & Thursdays 8:30-5:00
- **Manchioneal Health Centre**  
Mondays & Tuesdays 8:30-5:00
- **Fellowship Health Centre**  
4th Tuesdays 8:30-5:00
- **Mt. Pleasant Health Centre**  
1st & 4th Tuesdays
- **Port Antonio Health Centre**  
Mondays-Fridays 8:30-5:00

### St. Mary

- **Annotto Bay Health Centre**  
Mondays - Fridays
- **Castleton Health Centre**  
4th Wednesdays
- **Enfield Health Centre**  
1st Wednesdays

## Diagnostic Services (Imaging) Ultrasound

### Ultrasound

#### Portland

- **Port Antonio Hospital**  
Fridays (High Risk Obstetrics)

#### St. Ann

- **St. Ann's Bay Regional Hospital**  
Mondays - Fridays

## Specialty Clinics

### Paediatric

#### Portland

#### Port Antonio Hospital

- Tuesdays

#### St. Mary

- **Annotto Bay Hospital** Thursdays
- **Port Maria Hospital**  
1st & 3rd Fridays (General), 2nd & 4th Fridays (Neonates)

#### St. Ann

- **St. Ann's Bay Health Centre**  
1st, 3rd & 4th Fridays
- **St. Ann's Bay Regional Hospital**  
Tuesdays & Thursdays

## Curative Clinics

#### St. Mary Contd.

- **Long Road Health Centre** 5th Wednesdays
- **Highgate Health Centre**  
Mondays - Fridays
- **Rock River Health Centre** 3rd Wednesdays
- **Fellowship Hall Health Centre**  
4th Wednesdays
- **Gayle Health Centre**  
Mondays - Fridays
- **Windsor Castle Health Centre** 1st & 3rd Tuesdays
- **Islington Health Centre**  
2nd & 4th Wednesdays
- **Retreat Health Centre**  
1st, & 3rd Thursdays
- **Wood Park Health Centre** 2nd Thursdays
- **Belfield Health Centre**  
2nd & 4th Thursdays
- **Oracabessa Health Centre**  
1st, 2nd & 3rd Fridays
- **Oxford Health Centre**  
4th Wednesdays
- **Port Maria Health Centre**  
Mondays - Fridays

## Curative Clinics

### St. Ann

- **Alexandria Community Hospital** Mondays - Fridays
- **Bamboo Health Centre** Wednesday & Fridays
- **Brown's Town Health Centre** Mondays - Fridays
- **Watt Town Health Centre** 2nd & 4th Thurs
- **Claremont Health Centre** Mondays - Fridays
- **Moneague Health Centre** Monday - Friday
- **Exchange Health Centre** Fridays
- **Ocho Rios Health Centre** Mondays - Fridays
- **Runaway Bay Health Centre** Mondays - Friday
- **St. Ann's Bay Health Centre** Mondays - Fridays Extended clinic on Saturdays

## Specialty Clinics - Men's Health

### Men's Clinic

### St. Ann

- **Ocho Rios Health Centre** 2nd Fridays
- **Exchange Health Centre** 3rd Fridays
- **Brown's Town Health Centre** 4th Tuesdays
- **Alexandria Health Centre** 3rd Thursdays
- **Claremont Health Centre** 3rd Thursdays

## Specialty Clinics

### Nephrology Clinic

#### St. Ann

- **St. Ann's Bay Regional Hospital**  
3rd Thursdays

### Orthopaedic Clinic

- **St. Ann's Bay Regional Hospital**  
Tuesdays, Wednesdays & Thursdays

## Dental Services (Adult)

#### Portland

- **Buff Bay Community Hospital**  
Mondays - Wednesdays
- **Fair Prospect Health Centre**  
Thursdays
- **Port Antonio Health Centre**  
Mondays, Tuesdays, Wednesdays & Fridays
- **Port Antonio School Dental Clinic** Fridays
- **Katus Blakey Dental Clinic**  
Thursdays

#### St. Mary

- **Annotto Bay Health Centre**  
Mondays & Fridays
- **Gayle Health Centre**  
Mondays & Wednesdays
- **Retreat Health Centre**  
Closed
- **Belfield Health Centre** Thursdays
- **Highgate Health Centre**  
Tuesdays, Wednesdays & Fridays
- **Islington Health Centre**  
1st, 3rd & 4th Tuesdays
- **Port Maria Dental Clinic**  
Tuesdays, Thursdays & Fridays

## Dental Services **(Adult)**

### St. Ann

- **Bamboo Health Centre** Tuesday
- **Brown's Town Health Centre** Daily
- **Claremont Health Centre** Daily
- **Moneague Health Centre** None
- **Ocho Rios Health Centre** Tuesdays - Wednesdays
- **St. Ann's Bay Health Centre** Mon- Fri

## **Specialty Clinics**

### Internal Medicine

#### Portland

- **Port Antonio Hospital**  
Mondays, Wednesdays & Thursdays

#### St. Mary

- **Annotto Bay Hospital**  
Tuesdays
- **Port Maria Hospital**  
2nd & 4th Wednesdays

#### St. Ann

- **St. Ann's Bay Regional Hospital**  
Mondays to Fridays



## Specialty Clinics

### HIV Treatment

#### Portland

- **Port Antonio Hospital**

Wednesdays

#### St. Mary

- **Port Maria Hospital**

Adults- Wednesdays & Thursdays  
Paediatrics- 3rd Wednesdays (pm)

#### St. Ann

- **St. Ann's Bay Health Centre**

Tuesdays, Thursdays & Fridays

- **St. Ann's Bay Regional Hospital**

2nd Fridays

## Dental Services (Child)

#### Portland

- **Buff Bay Community Hospital**  
Mondays - Fridays
- **Fair Prospect Health Centre**  
Mondays, Tuesdays, Wednesdays & Fridays
- **Port Antonio School Dental Clinic** Mondays - Fridays
- **Katus Blakey Dental Clinic**  
Mondays - Fridays

#### St. Mary

- **Annotto Bay Health Centre**  
Mondays - Fridays
- **Gayle Health Centre**  
Mondays - Fridays
- **Highgate Health Centre**  
Mondays & Wednesdays
- **Port Maria Dental Clinic** Mondays - Fridays

## Dental Services (Child)

### St. Ann

- **Alexandria Community Hospital**  
Mondays, Thursdays & Fridays
- **Bamboo Health Centre** Tuesdays
- **Brown's Town Health Centre**  
Mondays - Fridays
- **Claremont Health Centre**  
Daily
- **Moneague Health Centre** None
- **Ocho Rios Health Centre**  
Tues and Wed
- **St. Ann's Bay Health Centre**  
Mondays - Fridays

## Specialty Clinics

### Gynaecology

#### Portland

- **Port Antonio Hospital**  
Each Thursday

#### St. Mary

- **Annotto Bay Health Centre**  
Each Monday

#### St. Ann

- **St. Ann's Bay Regional Hospital**  
Tuesdays and Thursdays

## Specialty Clinics

### General Surgery

#### Portland

- **Port Antonio Hospital**

Each Friday

#### St. Mary

- **Annotto Bay Hospital**

Each Monday

#### St. Ann

- **St. Ann's Bay Regional Hospital**

Each Tuesday & Friday

## Family Planning Services

#### Portland

- **Buff Bay Community Hospital**  
1st, 3rd & 4th Fridays
- **Bangor Ridge Health Centre**  
4th Mondays 8:30-5:00
- **Cascade Health Centre**  
4th Wednesdays Bi-monthly 8:30-5:00
- **Chepstowe Health Centre**  
3rd Mondays 8:30-5:00
- **Fruitful Vale Health Centre**  
1st & 3rd Mon 8:30-5:00
- **Hope Bay Health Centre**  
4th Mondays & 1st - 4th Wednesdays 8:30-5:00
- **Fair Prospect Health Centre**  
4th Mondays 8:30-5:00
- **Manchioneal Health Centre**  
3rd Thursdays 8:30-5:00
- **Fellowship Health Centre**  
1st -3rd Tuesdays, 8:30-5:00
- **Mt. Pleasant Health Centre**  
1st & 3rd Thursdays 8:30-5:00
- **Port Antonio Health Centre**  
Mondays & Wednesdays 8:30-5:00
- **St. Margaret's Bay H/Centre**  
3rd Tuesdays & 2nd Wednesdays 8:30-5:00

## Family Planning Services

### St. Mary

- **Annotto Bay Health Centre** Mondays - Fridays
- **Castleton Health Centre** 2nd, 4th & 4th Mondays & 1st - 2nd Wednesdays
- **Enfield Health Centre** 1st & 2nd Mondays & 3rd Thursdays
- **Long Road Health Centre** 1st Thursdays
- **Robins Bay Health Centre** 1st Thursdays, 3rd & 4th Mondays
- **Highgate Health Centre** Mondays - Fridays
- **Rock River Health Centre** 1st Mondays, 1st, 2nd & 4th Tuesdays, 2nd, 3rd, & 4th Thursdays
- **Fellowship Hall Health Centre** 2nd Fridays, 2nd Thursdays & 3rd Tuesdays
- **Gayle Health Centre** Mondays - Fridays
- **Windsor Castle Health Centre** Mondays - Fridays
- **Islington Health Centre** 1st, 2nd & 3rd Wednesdays
- **Retreat Health Centre** 3rd Fridays, 3rd Mondays & 1st Wednesdays
- **Wood Park Health Centre** 1st & 3rd Tuesdays & 4th Wednesdays
- **Albany Health Centre** 2nd Mondays & 3rd Wednesdays

## Specialty Clinics

### Dermatology

#### St. Ann

- **St. Ann's Bay Health Centre** Wednesdays

## Specialty Clinics

### Catheter Change

#### Portland

- **Port Antonio Hospital**  
Each Friday

#### St. Mary

- **Annotto Bay Hospital**  
Each Thursday
- **Port Maria Hospital**  
Each Friday

#### St. Ann

- **St. Ann's Bay Regional Hospital**  
Each Wednesday

## Family Planning Services

### St. Mary Contd.

- **Belfield Health Centre**  
3rd & 4th Mondays
- **Albion Mountain Health Centre**  
3rd Mondays
- **Bonny Gate Health Centre**  
2nd Mondays
- **Hampstead Health Centre**  
1st & 3rd Mondays, 3rd Tuesdays, 2nd Thursdays & Fridays
- **Heywood Hall Health Centre**  
3rd Wednesdays
- **Mason Hall Health Centre**  
1st & 3rd Wednesdays
- **Oracabessa Health Centre**  
Wednesdays
- **Oxford Health Centre**  
1st, 2nd & 3rd Mondays, 1st & 3rd Fridays
- **Port Maria Health Centre**  
Tuesdays

## Family Planning Services

### St. Ann

- **Alexandria Community Hospital**  
2nd Tuesdays 2nd Wednesdays
- **Bohemia Health Centre**  
2nd Wednesdays
- **Borobridge Health Centre**  
1st Mondays
- **Clarksonville Health Centre**  
2nd Mondays
- **Stephney Health Centre**  
2nd Fridays
- **Bamboo Health Centre**  
1st & 3rd Wednesdays
- **Brown's Town Health Centre**  
2nd & 3rd Thursdays
- **Gibraltar Health Centre**  
2nd Wednesdays combined Clinic
- **Queenhyte Health Centre**  
3rd Thursdays combined Clinic
- **Blackstonedged Health Centre**  
4th Thursdays Combined Clinic
- **Watt Town Health Centre**  
1st Thursday
- **Bensonton/Dromilly Health Centre**  
3rd Mondays Combined Clinic
- **Claremont Health Centre**  
2nd Fridays
- **McNie Health Centre**  
2nd Mondays

## Specialty Clinics

### Portland

### Asthma

- **Port Antonio Hospital**  
Each Monday

### St. Ann

### Cardiology

- **St. Ann's Bay Regional Hospital**  
4th Thursdays

### Colposcopy

- **St. Ann's Bay Health Centre**  
Each Monday, Wednesday & Friday

### St. Mary

### Colposcopy

- **Annotto Bay Hospital**  
Each Monday & sometimes on Thursdays

## Specialty Clinics (Nutrition) Child

### St. Ann

- **Alexandria Community Hospital** 2nd, Thursdays
- **Borobridge Health Centre**  
3rd Thursdays (Babies)
- **Brown's Town Health Centre**  
1st, 3rd & 4th Tuesdays
- **Bamboo Health Centre**  
4th Wednesdays
- **Moneague Health Centre**  
1st Wednesdays
- **Ocho Rios Health Centre**  
1st & 3rd Mondays
- **Exchange Health Centre**  
3rd Wednesdays
- **St. Ann's Bay Health Centre**  
1st, 3rd & 4th Fridays
- **Runaway Bay Health Centre**  
2nd Mondays & 2nd Tuesdays
- **Steer Town Health Centre**  
4th Thursdays
- **Queenhyte Health Centre**  
4th Thursdays

## Family Planning Services

### St. Ann Contd.

- **Walkerswood Health Centre** Combined  
Clinic (2nd & 4th Mondays)
- **Moneague Health Centre**  
2nd Tuesdays
- **Beecher Town Health Centre**  
1st Monday combined clinic
- **Exchange Health Centre**  
1st & 3rd Tuesdays
- **Ocho Rios Health Centre**  
3rd Thursdays
- **Lime Hall Health Centre**  
2nd Fridays
- **Runaway Bay Health Centre** 2nd & 4th Fridays
- **St. Ann's Bay Health Centre**  
1st, 3rd, & 4th Tues & all Fri.  
Pap smear 1st Tues & All Fri
- **Steer Town Health Centre**  
Fridays

## Maternal Health (Antenatal **High Risk** Clinic)

### Portland

- **Port Antonio Hospital**  
Tuesdays

### St. Mary

- **Annotto Bay Health Centre**  
Every Wednesday

### St. Ann

- **St. Ann's Bay Regional Hospital**  
Mondays, Wednesdays & Thursdays

## Specialty Clinics (Nutrition) **child**

### Portland

- **Buff Bay Community Hospital**  
3rd Tuesdays 8:30-5:00 pm
- **Hope Bay Health Centre**  
1st Wednesdays 8:30-5:00 pm

### St. Mary

- **Annotto Bay Health Centre** 4th Wednesdays
- **Gayle Health Centre**  
1st Mondays
- **Oracabessa Health Centre** 1st Tuesdays
- **Port Maria Health Centre**  
3rd Tuesdays



## Specialty Clinics (Nutrition) **Adult**

### St. Ann Cont'd

- **St. Ann's Bay Health Centre**  
2nd Wednesdays
- **Steer Town Health Centre**  
4th Thursdays
- **St. Ann's Bay Regional Hospital**  
2nd Thursdays

## Maternal Health (Antenatal Clinic– Routine)

### Portland

- **Buff Bay Community Hospital**  
1st - 4th Thursdays 8:30-5:00
- **Bangor Ridge Health Centre**  
4th Thursdays 8:30-5:00
- **Cascade Health Centre**  
4th Wednesdays Bi-monthly 8:30-5:00
- **Chepstowe Health Centre**  
3rd Mondays 8:30-5:00
- **Fruitful Vale Health Centre**  
1st Mondays 8:30-5:00
- **Hope Bay Health Centre** 1st  
-3rd Thursdays 8:30-5:00
- **Fair Prospect Health Centre**  
1st & 3rd Tuesdays 8:30-5:00
- **Manchioneal Health Centre** 2nd  
& 4th Wednesdays 8:30-5:00
- **Fellowship Health Centre**  
1st, 2nd & 4th Thursdays 8:30-5:00
- **Mt. Pleasant Health Centre**  
4th Tuesdays
- **Port Antonio Health Centre**  
1st - 4th Mondays & Tuesdays
- **St. Margaret's Bay H/Centre**  
3rd Tuesdays 8:30-5:00

## Maternal Health (Antenatal Clinic- Routine)

### St. Mary

- **Annotto Bay Health Centre**  
1st, 2nd, 3rd & 4th Tuesdays
- **Castleton Health Centre**  
1st & 3rd Wednesdays
- **Enfield Health Centre**  
3rd Thursdays
- **Long Road Health Centre**  
1st Thursdays
- **Robins Bay Health Centre**  
4th Mondays
- **Rock River Health Centre**  
1st Thursdays
- **Fellowship Hall Health Centre**  
2nd Thursdays
- **Gayle Health Centre**  
1st, 2nd, 3rd & 4th Mondays
- **Hunts Town Health Centre**  
2nd Tuesdays
- **Jeffrey Town Health Centre**  
4th Wednesdays
- **Retreat Health Centre**  
1st Wednesdays
- **Wood Park Health Centre**  
4th Wednesdays
- **Belfield Health Centre**  
3rd Mondays
- **Brainerd Health Centre** (Temporary relocation to Highgate)  
3rd Thursdays

## Specialty Clinics (Nutrition) Adult

### St. Ann

- **Alexandria Community Hospital**  
3rd Tuesdays, 4th Wednesdays & 2nd Thursdays
- **Bohemia Health Centre**  
None
- **Borobridge Health Centre**  
3rd Thursdays( Babies)
- **Stephney Health Centre**  
None
- **Brown's Town Health Centre**  
1st, 3rd & 4th Tuesdays
- **Bamboo Health Centre**  
4th Wednesday
- **Watt Town Health Centre**  
3rd Wednesdays
- **Blackstonedged Health Centre**  
4th Thursdays
- **Claremont Health Centre**  
1st Thursday, 1st Tuesday & 3rd Wednesdays
- **Moneague Health Centre**  
1st Wednesdays
- **Exchange Health Centre**  
3rd Wednesdays
- **Ocho Rios Health Centre**  
2nd Mondays & 3rd (Thursdays Dietician)  
1st & 3rd Mondays (Nutritionist)
- **Lime Hall Health Centre**  
None
- **Runaway Bay Health Centre**  
2nd Mondays, 2nd Tuesdays

## Specialty Clinics (Nutrition) **Adult**

### Portland

- 
- 
- **Buff Bay Community Hospital**  
3rd Tuesdays 8:30-5:00
- **Hope Bay Health Centre**  
1st Wednesdays 8:30-5:00

### St. Mary

- **Annotto Bay Health Centre**  
2nd & 4th Wednesdays
- **Gayle Health Centre**  
3rd Wednesdays
- **Highgate Health Centre**  
1st Wednesdays
- **Oracabessa Health Centre**  
2nd Fridays
- **Port Maria Health Centre**  
1st & 3rd Wednesdays

## Maternal Health (**Antenatal Clinic– Routine**)

### St. Mary Cont'd

- **Clarke Castle Health Centre**  
3rd Tuesdays
- **Clonmel Health Centre**  
1st, 3rd & 4th Thursdays
- **Flint River Health Centre**  
3rd Wednesdays
- **Highgate Health Centre**  
1st, 2nd, 3rd & 4th Fridays
- **Windsor Castle Health Centre**  
1st, 2nd, 3rd & 4th Thursdays
- **Albany Health Centre**  
1st Wednesdays
- **Albion Mountain Health Centre**  
3rd Mondays
- **Bonny Gate Health Centre**  
2nd Mondays
- **Hampstead Health Centre**  
2nd Fridays
- **Heywood Hall Health Centre**  
3rd Wednesdays
- **Islington Health Centre**  
1st, 2nd & 3rd Thursdays
- **Mason Hall Health Centre**  
1st Thursdays
- **Oracabessa Health Centre**  
1st, 2nd, 3rd & 4th Thursdays
- **Oxford Health Centre**  
1st & 3rd Fridays

## Maternal Health (**Antenatal Clinic– Routine**)

### St. Ann

- **Alexandria Community Hospital**  
1st & 3rd Mondays & 4th Wednesdays (New mothers & regular)
- **Bohemia Health Centre**  
4th Fridays
- **Queenhyte Health Centre**  
2nd & 3rd Thursdays
- **Bamboo Health Centre**  
1st & 3rd Mondays, New Mothers- 4th Wednesday
- **Brown's Town Health Centre**  
1st Tuesday (Adolescent)  
2nd, 3rd Tuesdays (Routine)  
4th Tuesday (New/Booking)
- **Blackstonedge Health Centre**  
4th Thursday combined clinic
- **Watt Town Health Centre**  
1st Tuesday (Routine) & 4th Friday ( New & Routine combined)
- **Bensonton/Dromilly Health Centre**  
3rd Mondays Combined Clinic
- **Claremont Health Centre**  
1st - 4th Thursdays, New mother- 3rd Thursdays
- **Moneague Health Centre**  
1st, 2nd & 3rd Mondays - (New mothers– 1st Mondays)
- **Exchange Health Centre**  
2nd Tuesday , 1st ,3rd & 4th Thursdays (New mothers– 2nd Tuesday)
- **Ocho Rios Health Centre**  
1st,- 4th Tuesdays (3rd Tuesdays new clients)
- **Runaway Bay Health Centre**  
1st, 2nd, 3rd & 4th Wednesdays
- **St. Ann's Bay Health Centre**  
1st, 2nd, 3rd & 4th Thursdays  
2nd Mondays (**New/Booking Clinic**)

## Maternal Health ( **Postnatal Care**)

### St. Ann

- **Alexandria Community Hospital** 2nd Thursdays
- **Bohemia Health Centre**  
3rd Wednesdays
- **Borobridge Health Centre**  
1st Mondays
- **Clarksonville Health Centre**  
4th Wednesdays
- **Bamboo Health Centre** 3rd Thursdays
- **Brown's Town Health Centre**  
2nd Mondays
- **Watt Town Health Centre**  
1st Thursdays (Combined with FP)
- **Bensonton/Dromilly Health Centre**  
3rd Mondays Combined Clinic
- **Claremont Health Centre**  
3rd Tuesdays
- **McNie Health Centre**  
1st Mondays
- **Moneague Health Centre** 4th Wednesdays
- **Exchange Health Centre** 2nd Wednesdays
- **Ocho Rios Health Centre**  
1st & 4th Thursdays

## Maternal Health (**Postnatal Care**)

### St. Mary Cont'd

- **Highgate Health Centre**  
3rd Tuesdays
- **Windsor Castle Health Centre**  
4th Thursdays
- **Islington Health Centre**  
4th Wednesdays
- **Mason Hall Health Centre**  
3rd Thursdays
- **Oracabessa Health Centre**  
1st Mondays & 4th Wednesdays
- **Oxford Health Centre**  
4th Mondays
- **Port Maria Health Centre**  
1st & 3rd Fridays

## Maternal Health (**Antenatal Clinic—Routine**)

### St. Ann Cont'd

- **Clarksonville Health Centre**  
1st & 2nd Tuesdays
- **Walkerswood Health Centre**  
2nd & 4th Mondays Combined Clinic
- **Beecher Town Health Centre**  
1st Mondays Combined Clinic
- **Exchange Health Centre**  
1st, 3rd & 4th Thursdays,  
New Mothers- 2nd Tues
- **Lime Hall Health Centre**  
1st & 3rd Tuesdays
- **Borobridge Health Centre**  
2nd & 4th Mondays
- **Stephney Health Centre**  
1st & 3rd Wednesdays
- **Gibraltar Health Centre**  
2nd Wednesdays combined Clinic
- **Muir House Bauxton Health Centre**  
1st Tuesdays Combined Clinic
- **Sturge Town Health Centre**  
2nd Fridays Combined Clinic
- **McNie Health Centre**  
2nd & 4th Wednesdays

## Maternal Health (Postnatal Care)

### Portland

- **Buff Bay Community Hospital**  
1st, 3rd & 4th Fridays 8:30-5:00
- **Bangor Ridge Health Centre** (Clients seen at Buff Bay)  
1st, 3rd & 4th Fridays
- **Cascade Health Centre**  
3rd Wednesdays Bi-monthly 8:30-5:00
- **Fruitful Vale Health Centre**  
3rd Mondays 8:30-5:00
- **Hope Bay Health Centre**  
4th Mondays 8:30-5:00
- **Fair Prospect Health Centre**  
2nd Tuesdays 8:30-5:00
- **Manchioneal Health Centre**  
3rd Thursdays 8:30-5:00
- **Fellowship Health Centre**  
2nd Tuesdays 8:30-5:00
- **Mt. Pleasant Health Centre**  
3rd Thursdays 8:30-5:00
- **Port Antonio Health Centre**  
1st, 3rd & 4th Fridays 8:30-5:00
- **St. Margaret's Bay H/Centre**  
2nd Wednesdays 8:30-5:00
- **Port Antonio Hospital**  
Tuesdays - (High Risk Postnatal Clinic)

## Maternal Health (Postnatal Care)

### St. Mary

- **Annotto Bay Health Centre**  
2nd & 4th Thursdays
- **Castleton Health Centre**  
3rd Mondays
- **Enfield Health Centre**  
3rd Thursdays
- **Long Road Health Centre**  
1st Thursdays
- **Robins Bay Health Centre**  
4th Mondays
- **Rock River Health Centre**  
4th Thursdays
- **Fellowship Hall Health Centre**  
2nd Fridays
- **Gayle Health Centre**  
3rd Thursdays
- **Jeffrey Town Health Centre**  
2nd Fridays
- **Retreat Health Centre**  
3rd Mondays
- **Wood Park Health Centre**  
3rd Tuesdays
- **Belfield Health Centre**  
4th Mondays
- **Clonmel Health Centre**  
4th Tuesdays
- **Flint River Health Centre**  
1st Wednesdays